

Dear CHCS Families,

With the flu season upon us, we would like to assure you that we are taking precautions to keep our facility free of the H1N1 virus. We have identified additional areas to sanitize and clean more consistently such as handrails, drinking fountains, door knobs, desks, and restroom checks throughout the day. We have also added hours into the school's cleaning budget.

In addition, we will be sharing health tips each week in Chapel. Should any of our students or staff members contract H1N1, all families will be notified. As recommended by the Department of Health, we will not be closing school due to the flu or H1N1 but we will clean and sanitize the school thoroughly if any cases are reported in a designated classroom or work area of the school.

For the safety of our students, faculty and staff, we must require that all families abide by our communicable disease policy, which is printed in the Parent Handbook, and can also be found on the admissions page of our website: [www.chapelhillchristianschool.org](http://www.chapelhillchristianschool.org). It states that before returning to school, students must be fever free for 24 hours without the aid of medicine. When a child is sent home from school with a fever, he should NOT return to school the next day. Also, a child who vomits can not return to school for 24 hours after an episode of vomiting occurs. Children who come to school sick not only expose their classmates to unwanted germs but also risk picking up additional "bugs" themselves while their bodies are weakened. Please talk with your children about healthy habits, such as the importance of washing hands with soap and water, covering coughs and sneezes, and keeping hands away from their eyes, nose, and mouth. These practices are always valuable for us, but especially necessary in this season of increased illness.

As always proper diet, exercise, and rest can play a vital role in keeping our immune systems strong. The Administrative team at CHCS is actively monitoring reports of flu and H1N1 on a daily basis within our community.

Information on the H1N1 flu can be found at <http://www.cdc.gov/H1N1flu/qa.htm>. It is wise to become familiar with the symptoms of this virus and to always contact your physician/health care provider when you have concerns about your child's health.

Please join me in praying for the health and wellness of all of our students, families, faculty, and staff.

In Christ,

Greg McAbee

Administrator